

TASTY GOURMET CAFE & DELI

781-391-9969

DELIVERY AVAILBLE 11 A.M.-9 P.M. MONDAY - SATURDAY 11A.M.-5 P.M. SUNDAY

Appetizers *A tasty start to your meal !*

Tasty Sampler \$7.69

Spicy chicken strips, mozzarella sticks, crispy onion rings and dipping sauces, this one's got it all.

Mozzarella Sticks \$5.59

Crispy on the outside, smooth and cheesy inside. Everyone gets kicks from these sticks!

Buffalo Chicken Strips \$6.99

A big herd of spicy delight. With celery sticks and choice of bleu cheese or ranch dressing.

Chicken Strips \$6.99

You'll cluck for joy! Spicy, golden fried white meat served with honey mustard dressing or bbq sauce.

Buffalo Wings \$7.99

These wings fly out of our kitchen! A classic, spicy favorite with celery sticks and your choice of bleu cheese or ranch dressing.

Chili Fries \$5.99

Can't find the french fries? They're buried under all that chili and melted cheese.

Smothered Cheese Fries \$4.99

Don't come up for air! Crispy golden french fries topped with melted cheddar and crumbled bacon with ranch dressing on the side.

Sensational Salads

Made when you order, so they're always fresh. All salads accompanied by a tortilla of your choice, grilled chicken available on any salad for an additional \$1.99, chicken or tuna salad for \$1.99, roasted peppers \$.99, fresh mozzarella balls \$.99.

TORTILLA CHOICE: *White, Wheat, Spinage, Tomato basil*

DRESSINGS: *Italian, Ranch, Ceaser, Thousand Island, Balsamic vinaigrette, Greek*

Grilled Chicken Caesar \$7.95

Grilled chicken, romaine lettuce, asiago parmesan cheese, croutons and our caesar dressing.

Greek \$5.99

Romaine lettuce, vine ripened tomatoes, feta cheese, red onions, pepperoncini, kalamata olives, pepper and our greek dressing.

Classic Cafe \$5.99

Mixed field greens and romaine lettuce topped with vine ripened tomatoes, cucumbers, red onions and our balsamic vinaigrette.

Chef Salad \$7.49

Slices of turkey breast and ham on top of mixed field greens with tomato, cucumber, red onion, a hardboiled egg and cheddar cheese.

Grilled Chicken Breast Salad \$7.49

A seasoned, grilled chicken breast sliced and served on top of mixed field greens with tomato, cucumber, red onion, and cheddar cheese.

Fried Chicken Strips Salad \$7.95

Golden fried chicken strips sliced and served on top of mixed field greens with tomato, cucumber, red onion and cheddar cheese.

Caesar Salad \$5.99

Romaine lettuce, asiago-parmesan cheese, croutons, and ceaser dressing

Large Side Orders

French Fries \$2.49

Garden Salad \$2.99

Seasoned Fries \$2.99

Ceaser Salad \$2.99

Onion Rings \$3.59

Add a small Side Salad or Soup to any Sandwich \$1.59

ALL OF TASTYS SANDWHICHES ARE SERVED WITH A HALF SOUR PICKLE AND ONE OF THE FOLLOWING SIDE ORDERS:

potato salad, cole slaw, mac salad, apple sauce, french fries, or chips

seasoned fries \$.49 extra, onion rings \$1.59 extra, garden or ceaser salad \$1.59 extra

Tasty Wraps

Served on your choice of tortilla: *white, wheat, spinach, or basil.*

Grilled Chicken Caesar Wrap \$6.99

Grilled chicken breast, romaine, shredded, asiago cheese, and caesar dressing.

Summer Turkey Wrap \$6.95

Smoked turkey, tomato, romaine, shredded carrots, roasted red peppers, sprouts, and honey mustard.

Southwestern Tuna Wrap \$6.95

Tuna, cheddar cheese, romaine, shredded carrots, tomatoes, sprouts, and chili dijon dressing.

Greek Chix Wrap \$6.99

Grilled chicken, feta cheese, romaine, mixed field greens, tomato, cucumber, carrots, onions, with greek dressing.

Stuffed Pilgrim Wrap \$6.95

Roast turkey breast, homemade cornbread stuffing, cranberry sauce and light mayonnaise.

Captain Albert Wrap \$6.59

Tuna, mayo, avocado, tomatoes, romaine and onions.

Fields and Feta Wrap \$6.49

Mixed field greens and feta cheese, roasted red peppers, tomatoes, cucumbers, red onions, and sun dried tomato dressing.

Greek Chicken Wrap \$6.99

Grilled chicken, romaine lettuce, tomatoes, red onion, cucumbers, feta cheese, and greek dressing.

Steak Ceaser Wrap \$7.99

Seasoned steak, romaine lettuce, asiago cheese, croutons, and ceaser dressing.

Love Me Tender \$7.69

In memory of Elvis, crispy buffalo chicken strips, bacon, peperjack and cheddar cheese, loaded with buttermilk ranch dressing.

Tasty's Newest Taste

Classic Italian \$6.59

Genoa salami, pepperoni, capicola, mortadella, provolone cheese, lettuce, tomato, pickles, red onion, balsamic vinaigrette dressing and spices. (hots upon request)

Smokey Mountain Turkey \$7.69

Mesquite smoked turkey, topped with bacon, smoked cheddar, tomatoes, romaine lettuce, red onion, chipotle ranch dressing and spices.

Homemade Meatballs \$6.95

Zesty italian meatballs and melted provolone cheese with tasty's special marinara sauce and spices.

Roast Beef and Boursin \$6.95

Our own oven roasted rare roast beef, boursin cheese, lettuce, tomatoes, red onions, served on whole grain bread.

Fish Filet Sandwhich \$6.99

Golden fried cod filet with romaine and tomato served on zesty garlic ciabatta bread served with a side of tarter sauce

Turkey Terrific \$6.95

Our signature hand carved turkey, cranberry sauce, mayo, and stuffing, served on your choice of bread.

B.L.T. Turkey Terrific \$7.95

Turkey, stuffing, mayo, cranberry sauce, bacon, romaine, and tomatoes served on your choice of bread.

Cordon Bleu Griller \$6.99

Two golden fried chicken strips, shaved ham, swiss cheese and honey mustard served on grilled sour dough bread.

Tasty Super Beef \$5.75

Tasty,s rare roast beef, mayo and beef sauce on a toasted onion roll. no side order comes with this sandwhich.

Chicken Ceaser \$7.29

Tender grilled chicken breast, asiago cheese, romaine, tomato, red onion, and ceaser dressing served of foccacia bread.

Tasty Melts

Tasty Deli Club \$7.69

Turkey, honey ham, swiss and american cheese, topped with bacon and tomatoes on grilled sourdough.

Italian Chicken Melt \$7.99

A golden fried chicken breast on grilled ciabatta bread with a zesty garlic spread, romaine and tomato, with melted swiss cheese and marinara sauce.

The Classic Reuben \$7.95

*Fresh hot corned beef, sliced to order and piled high on grilled rye bread with fresh sauerkraut, melted swiss cheese, and our top secret thousand island dressing. **Double stack of corned beef add \$1.59.***

Philly Melt \$8.49

Thin slices of roast beef on grilled ciabatta bread with a zesty garlic spread, sauteed mushrooms and onions. Topped with melted swiss cheese.

Pastrami Rueben \$7.95

Thinly sliced pastrami brisket, melted swiss, sauerkraut, and thousand island dressing on grilled rye.

Double stack of pastrami for \$1.59

Chicken Ranch Melt \$8.29

A golden fried chicken breast on grilled ciabatta bread with a zesty garlic spread, lettuce, and tomato. Topped with melted swiss cheese and crispy bacon. Served with a side of ranch.

Tasty Mafioso \$7.95

Genoa salami, mortadella, provolone cheese, pesto, mixed field greens, red onion, tomato, balsamic vinegar, and oregano, on grilled basil pesto focaccia.

Tuna Cheddar Melt \$6.99

Dolphin safe albacore tuna, melted cheddar and tomatoes, topped with chili dijon dressing and served on grilled sourdough.

Chicken Melt \$7.69

Grilled chicken breast with monterey jack cheese, tomato and bacon on grilled sourdough.

Classic Turkey Melt \$7.69

*Thinly sliced turkey breast with melted swiss cheese, bacon, and tomato on grilled sourdough. **Double stack of turkey add \$1.59.***

Spicy Buffalo Chicken Melt \$8.29

A golden fried chicken breast covered in a spicy buffalo sauce on grilled ciabatta bread with a zesty garlic spread, lettuce and tomato. Topped with melted swiss cheese and served with a side of ranch.

Deluxe Grilled Cheese \$5.69

American cheese and two tomato slices on grilled sourdough.

Smoked Turkey Reuben \$7.95

*Smoked turkey topped with sauerkraut, russian dressing, and melted swiss cheese on rye. **Double stack of turkey add \$1.59***

Arizona Chicken \$6.59

Hot grilled chicken breast, melted cheddar, romaine, tomatoes, and chili dijon dressing on grilled tomato basil bread.

Larry Bird Melt \$7.69

*Roast turkey breast with melted cheddar cheese, bacon, tomato, onion, russian dressing, on braided roll on grilled sourdough. **Double stack of turkey add \$1.59.***

Caesar Chicken Salad Melt \$7.69

Extra thick tomato basil bread with grilled chicken salad, melted cheese, crisp bacon, romaine, tomato, and caesar dressing.

Tasty Chicken Ranch \$7.99

Golden fried chicken breast topped with melted swiss cheese, bacon strips, tomato and lettuce on grilled sourdough bread. Served with a side of ranch dressing.

BBQ Chicken Deluxe \$7.69

Grilled chicken with pepperjack cheese, red onions, tomato, bacon, bbq sauce on grilled sourdough.

Bacon Turkey Bravo \$7.69

Turkey breast, smoked bacon, smoked gouda, romaine, tomato, and our signature dressing, served on tomato basil bread.

Spicy Turkey \$7.69

Smoked cracked peppercorn turkey, monterey jack cheese with jalapeno, onions, bacon, and caesar dressing on our grilled tomato basil bread. A hit since day one.

Patty Melt \$7.95

A melt in your mouth sensation! 8-oz angus beef burger with american cheese and sauteed onions served on grilled sour dough or lite rye bread.

Signature Sandwiches

Sierra Turkey \$7.29

Smoked turkey breast, mixed field greens, red onions, chipotle mayo, served on asiago cheese focaccia.

Chicken Mozzarella \$6.95

Grilled chicken breast, fresh mozzarella, romaine, tomato, and sundried tomato spread on a toasted french roll or grilled wrap.

Thai Chicken \$6.49

Hot, grilled chicken breast, cucumbers, red onions, romaine, and thai peanut sauce on a toasted french roll or grilled wrap.

Hot Roast Turkey Club \$7.99

Hot roast turkey breast, cheddar, bacon, tomatoes, romaine, and mayonnaise on a toasted braided roll.

Fresh Mozzarella Tomato Pesto \$6.49

Romaine, tomatoes, fresh mozzarella, and pesto served on toasted french roll.

Honey Dijon Chicken \$6.95

Hot grilled chicken breast and smoked ham with melted swiss cheese, honey dijon sauce, tomatoes, and romaine on a braided roll.

Tuscan Chicken \$6.95

Grilled chicken breast and succulent pesto mayonnaise over mixed field greens spiked with balsamic vinaigrette on our rosemary and onion focaccia.

Sun Dried Tomato Chicken \$6.49

Grilled chicken breast, romaine, roasted red peppers, and red onions with sun fried tomato spread on a toasted french roll or grilled wrap.

Veggie Sandwich \$5.69

Romaine, tomato, sprouts, provolone cheese, cucumbers, red onion, honey mustard on our nine grain bread.

Five Star Philly---(available 11a.m.--2 p.m. only) \$6.99

Sliced steak with jack cheese, green peppers, and onion on a grilled sub roll.

The New York Combo \$7.49

Corned beef and pastrami, hot and sliced to order, topped with fresh cole slaw, melted swiss cheese, and our special thousand island dressing, served on rye.

Chicken Salsa \$7.95

Grilled chicken with melted cheddar and pepperjack, topped with crisp bacon, onions and salsa on grilled rosemary and onion focaccia.

Tasty Gourmet Clubs

\$7.99

All clubs consist of bacon, romaine, and tomato with mayo or mustard - or - romaine, tomato, bacon, coleslaw and russian dressing served on either a braided roll or three slices of bread.

Turkey Club

Smoked Turkey Club

Roast Beef Club

Ham and Cheese Club

Corned Beef Club

Hamburger Club 8oz.

Grilled Chicken Breast

Pastrami

Chicken Slad

Tuna Salad

Hot Roast Turkey & Cheddar

Cheese Burger 8oz.

Panini Sandwiches

Cuban Pork and Ham on Our Asiago Cheese Focaccia \$7.29

Smoked pork tenderloin, sliced ham, swiss cheese, thick sliced dill pickles, chipotle mayonnaise and spicy mustard.

Smoke House Mesquite Turkey on Three Cheese Bread \$7.39

Smoked turkey, smoked bacon, smoked cheddar and dijon wasabi mustard.

Honey Dijon Chicken and Bacon on Country Bread \$7.39

Hot grilled chicken breast, top it with swiss cheese, smoked bacon and a bacon dijon mustard.

Portobello and Mozzarella on our Rosemary and Onion Focaccia \$7.29

Garlic roasted portobello mushrooms marinated in balsamic vinaigrette with fresh mozzarella, caramelized onion and fresh chopped basil.

Festiago Chicken on our Rosemary and Onion Focaccia \$7.59

Slow roasted, sliced chicken breast, mozzarella, tomatoes, red onions, chopped basil and chipotle mayonnaise.

Turkey Artichoke on our Basil Pesto Focaccia \$7.39

Smoked turkey, spinach artichoke spread, asiago parmesan cheese, tomatoes and caramelized onions.

Backyard Burgers

8 oz. Blabk Angus Burgers served on a toasted bun topped off with romaine, tomato, pickle, and red onion.

Garlic Mushroom Swiss Burger \$7.99

Topped with swiss cheese and mushroom sauteed in garlic and herbs.

Bacon Cheddar Burger \$7.99

A classic burger topped with crisp bacon and cheddar cheese.

The Classic Burger \$7.29

Add american, swiss, or smoked cheddar cheese for just \$.39.

Patty Melt Burger \$7.95

A melt in your mouth sensation! Oozing with american cheese and sauteed onions on grilled rye bread.

Chicken Burger \$6.99

Golden fried chicken breast in a country seasoned batter. Comes with lettuce, pickles, and tomato. Add bacon and cheese for \$.99

Big Backyard BBQ Burger \$7.99

A TASTY trio of smoked cheddar, bacon, and grilled onions and a side of bbq sauce.

Buffalo Chicken Burger \$7.49

A big ol' herd of flavors! Batter fired chicken breast in a spicy buffalo sauce atop lettuce, tomato and pickle slices with ranch or bleu cheese dressing on the side.

Boca Burger \$7.19

Whole grains, cheeses and mushrooms. Served with lettuce, red onions, tomato, cucumber, and fat free honey mustard dressing.

Deli Style Sandwich Sensations

Served on your choice of bread, wrap, or roll. you pick the toppings. All are served with a pickle and side order.

Smoked Turkey Breast \$6.59

Chicken Salad \$6.59

Tuna Salad \$6.59

Roast Beef \$6.95

Roast Turkey \$6.59

B.L.T. \$6.59

Ham and Cheese \$6.59

Lean Corn Beef \$6.95

Brisket Pastrami \$6.95

Peanut Butter and Jelly \$3.89

X-Lean Pastrami \$7.95

Italian Cold Cuts \$6.95

You Choose Two \$7.59

You pick one the following combos:

bowl of soup & garden or ceaser salad

bowl of soup & any half sandwich

Any half sandwich & garden or ceaser salad

TASTY CLASSIC DINNERS

ALL DINNERS ARE SERVED WITH TWO OF THE FOLLOWING SIDE ORDERS: french fries, mashed potatoes, stuffing, veggies, cole slaw, apple sauce, mac & cheese, or onion rings.

ROAST TURKEY AND STUFFING \$9.99

Tender hand carved turkey breast with cornbread stuffing, cranberry sauce, gravy, roll & butter.

TASTY RARE ROAST BEEF \$9.99

Tasty own slowly cooked tender beef with a savory brown gravy.

COUNRTY FRIED STEAK \$9.69

Golden fried chopped steak smothered in rich country gravy.

CHICKEN STRIPS \$9.49

Four golden fried chicken strips served with a dipping sauce.

CHICKEN FRIED CHICKEN **\$9.69**

Two crispy fried chicken breast covered with country gravy.

HOMESTYLE MEATLOAF **\$8.69**

Three slices of home made mile high meat loaf covered in brown gravy.

FISH AND CHIPS **\$9.99**

Golden fried batter-dipped cod filletts served with tarter sauce

TASTY DELI EXPRESS

Served on your choice of bread or roll, with chips, cole slaw, and pickle

warm pastrami *\$6.95* *x-lean pastrami* *\$7.95*

x-lean corn beef *\$6.95* *deli original* *\$7.49*

pearl hot dog *\$2.95* *chili cheese dog* *\$4.49*

warm homemade mile high meatloaf *\$4.99*

homemade baked mac & cheese *cup \$2.49* *bowl \$3.99*

TASTY SOUPS

our soup selection changes daily best to call the store for daily soups

cup of soup \$2.99 bowl of soup \$3.99

cup of clam chowda \$3.95 bowl of clam chowda \$5.95

Sin Full Sensations

Homemade Chocolate Chip Cookies

HOME MADE CUP CAKES

MILE HIGH APPLE PIE